



Naturally Healthy Family

The Gentle Relief Diaper Cream



Mom, do you know this painful feeling when...

...you unbutton **your baby's** onesie, wipe away a wet diaper, and see skin that looks red, itchy, and painful?

You've tried leaving it off to air out, you've tried standard store-bought creams, but that stubborn red rash has been lingering for days. Your baby's delicate skin is irritated, itchy, and sensitive to every touch. They're fussing, uncomfortable, and hurting—and you feel completely **helpless** watching them squirm in distress.

Well... let's fix that!



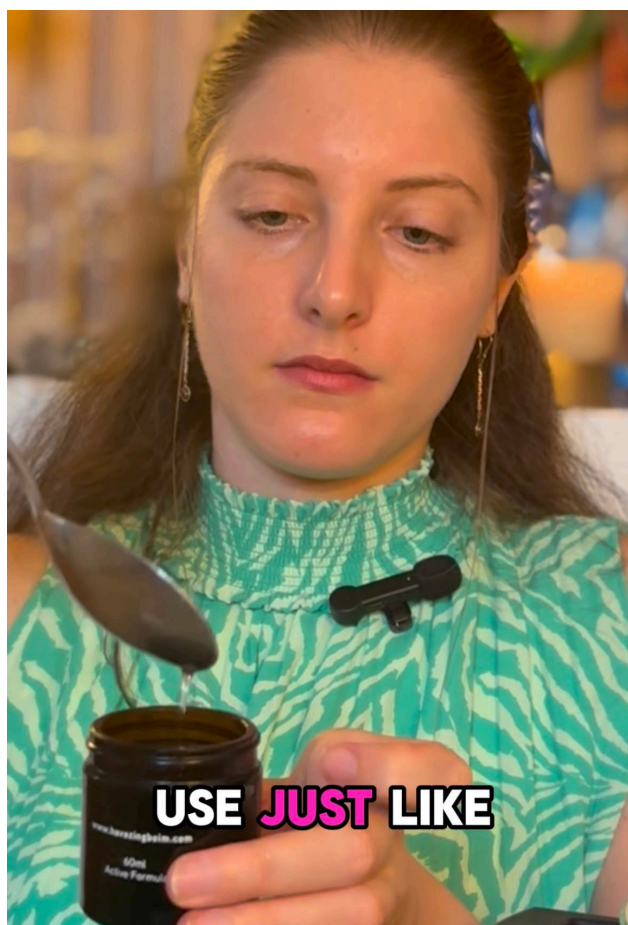
Here is a super simple, ultra-soothing diaper cream natural recipe specifically designed to support calming diaper rash. It is 100% natural, deeply nourishing, quick to whip up, and hugs your baby's skin with gentle protection.

NO QUESTIONABLE INGREDIENTS!



Ready? Let's dive into what you'll need - **and why**. Because if there's one thing I want you to do from now on is ask questions. What's in a product? Why? Is it good for my child's delicate skin?

[Link to Examples of Products Used in Recipe](#)



Ingredients & Benefits

Shea Butter

Why it's here: Shea butter forms a rich, moisture-proof barrier over sensitive skin to protect it from wetness while delivering rich vitamins A and E to support skin recovery. This can be your daily diaper cream on regular basis, no chemicals needed. If a rash is already here, then you need extra help from the following ingredients.



Coconut Oil

Why it's here: Packed with natural fatty acids (like lauric acid), raw coconut oil deeply hydrates, softens irritated tissue, and offers mild antimicrobial properties to keep tender skin clean and protected.



Calendula-Infused Oil

Why it's here: Calendula is the ultimate botanical remedy for sensitive skin. It works quickly to soothe redness, relieve itchy tightness, and bring noticeable comfort to angry flair-ups.



[Link to Examples of Products Used in Recipe](#)

The Soothing Diaper Cream Recipe

Following requests from you, moms, I'm now always providing both exact measurements and the easier "kitchen measurements". I've got you 💕

Exact Measurements:

Shea Butter: 20g (approx. 0.7 oz / 1.5 tablespoons melted)

Coconut Oil: 20g (approx. 0.7 oz / 1.5 tablespoons melted)

Calendula Oil: 10g (approx. 0.35 oz / 2 teaspoons)

Pro-Tip for Warm Weather: If your home tends to run warm and the balm turns out a bit too soft or runny, simply adjust the base to 25g (approx. 0.9 oz / 2 tablespoons) Shea Butter and 15g (approx. 0.5 oz / 1 tablespoon) Coconut Oil for a firmer hold.

Easy Kitchen Measurement Guide:

1.5 tbsp Shea Butter

1.5 tbsp Coconut Oil

2 tsp Calendula Oil



Instructions:

1. Melt Gently: In a small heat-safe glass bowl set over a pot of barely simmering water (a gentle double boiler), combine the shea butter and coconut oil. Stir until just barely melted.
2. Combine: Remove from heat and stir in the calendula-infused oil until thoroughly blended.
3. Cool & Set: Pour the liquid mixture into a clean, dry glass jar. Let it cool at room temperature or place it in the fridge for 20 minutes until set into a smooth, scoopable balm/cream.
4. Apply: Dab a small amount onto clean, dry skin during diaper changes.

[Link to Examples of Products Used in Recipe](#)



Mom, you don't have to feel **helpless!!!**

You have the power to support your baby's body gently, naturally, and effectively right from the comfort of home. Diaper rash is just one small piece of the puzzle—when unexpected childhood ailments crop up, having trusted remedies at your fingertips makes all the difference.

If you want to feel completely confident supporting your child through fevers, colds, tummy troubles, skin issues, teething and more, naturally, [“Baby Well”](#) is for you: Protocols for Natural Care Around Common Ailments in Children & Babies.

It's your step-by-step blueprint to naturopathic home care, giving you peace of mind and gentle solutions whenever your baby needs you most.

You are NOT as helpless as you think...

It's for you. It's for your child's health. The foundation of your child's healthy future!

[“Baby Well”](#)

You are so loved.



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